



Planning for Life with Spina Bifida – Reaching for the Stars Education Day for Parents – May 15, 2021

Brought to you by Children’s National Hospital Spina Bifida Program, Kennedy Krieger Institute Center for Spina Bifida and Related Conditions, Children's Hospital of Richmond at VCU Spina Bifida Clinic, and the Spina Bifida Association. [Click here to register.](#)

12:00pm-12:10pm	Welcome and Opening Remarks		
	Track 1: Ages 0-5 years	Track 2: Ages 6-12 years	Track 3: Ages 13-18 years
12:10pm-1:00pm	Keynote: Roots and Wings - Learn about your Child; Initiate the Plan <ul style="list-style-type: none"> • Mi Ran Shin, MD - Pediatric Rehabilitation Specialist, Children’s National Hospital 	Keynote: Roots and Wings -Develop the Plan for a Fulfilling Life <ul style="list-style-type: none"> • Andy Zabel, PhD, ABPP - Clinical Neuropsychology, Kennedy Krieger Institute 	Keynote: Roots and Wings - Thriving/Flourishing into Adulthood <ul style="list-style-type: none"> • Leslie Philips, CPNP-PC Pediatric Rehabilitation Specialist, Children’s National Hospital
1:00pm-1:10pm	BREAK		
1:10pm-2:00pm	Neurogenic Bowel and Bladder <ul style="list-style-type: none"> • TBD - Urologist, Children’s National Hospital 	Strategies to Initiate and Manage Bowel and Bladder Continence <ul style="list-style-type: none"> • TBD 	Manage Continence Independently <ul style="list-style-type: none"> • Sarah Korth, MA, MD -Physician, Rehabilitation Clinic, Kennedy Krieger Institute • Bridget Gibbons
2:00pm-2:30pm	BREAK Special Presentation by Coloplast, Education Day Silver Sponsor		
2:30pm-3:15pm	Developmental Differences in Your Child: Ages and Stages; Maximize Development; and Avoid Learned Helplessness <ul style="list-style-type: none"> • Andy Zabel, PhD, ABPP - Clinical Neuropsychology, Kennedy Krieger Institute 	Crucial Conversations: Discuss Sexuality with your Child and Teenager with Spina Bifida <ul style="list-style-type: none"> • Eugenio Monasterio, MD, FAAPMR – Assistant Professor, PMR, Children’s Hospital of Richmond • Maggie Geroe, MSW - Outpatient Pediatric Neurosciences Social Worker, Children's Hospital of Richmond • JoAnn Tillett, RN - Children's Hospital of Richmond 	
3:15pm-4:00pm	Hydrocephalus and Tethered Cord <ul style="list-style-type: none"> • Mari Groves, MD - Assistant Professor of Neurosurgery, Johns Hopkins Medicine 	Spina Bifida and the School-Aged Child: Develop a Plan to Succeed <ul style="list-style-type: none"> • Gina Fowler, MEd – Special Education Consultant, VCU Health 	Optimize Family Functioning <ul style="list-style-type: none"> • Rowena Ng, PhD - Assistant Professor of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine
4:00pm-5:00pm	Help Your Child Fly; Provide the Safety Net: Clinical Pearls of Wisdom <ul style="list-style-type: none"> • Tim Brei, MD - Neurodevelopmental Pediatrics, Seattle Children’s Hospital; Medical Director, Spina Bifida Association 		
5:00pm-5:10pm	Closing Comments		